

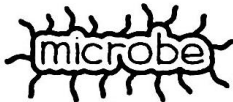
HOLY GOD

YOU ARE WITH US

from the spinning planets in our



to the



that lives on the tiniest paw
of the tiniest **mouse**.

you care for the

CREATION

&

you care for

US

Whether we are out in the

WORLD

or tucked
inside our

Home,

we know that You are as **CLOSE** as the

AIR THAT WE BREATHE.

Thank You for being our friend and comforter.

Amen

We hope that this colouring page prayer will help you and your children in times when you might feel anxious. Talk first about God's loving presence with us when we feel worried. Encourage them to colour in slowly, and feel their body relax. They might like to talk with God while they colour and to give God their fears and worries. Taking time to be silent and to do something slowly helps to still a worried mind.